

Healthy Living Tips For May



During the month of May, National Dental Care Month takes time to remind us of the importance of caring for our pearly whites. Today, oral hygiene is learned at an early age. Brush twice a day, floss, keep the sugary snacks to a minimum and see your dentist twice a year. That's what we learn. Beyond childhood, it seems, we forget all we learned.

Kirsten Coluccio RN
Director of Resident Services

A healthy smile requires continued healthy habits. Maintaining those habits reduces the risks of cavities and infection and the costs associated with long-term dental repairs. If it's been a while since your last visit, understand that dentists today appreciate your fears. They will do everything they can to alleviate your anxiety and get your smile back on track.

National Dental Care Month brings awareness just in time for a summer full of family reunions, weddings, and vacations—all times when we love to take pictures and smile! So, brush up on your dental care and check-up with your dentist. #NationalDentalCareMonth



Department Contacts

Administrator
Dana Mori

Director of Finance
Vivien Klein

Admissions / Marketing Director
Brian Miller

Director of Case Management
Raven Chitty

Director of Health Services
Andy Reisman

Director of Resident Services
Kristen Coluccio RN

Director of Recreation
Tanya Barone

Director of Environmental Services
Marian Gabranski

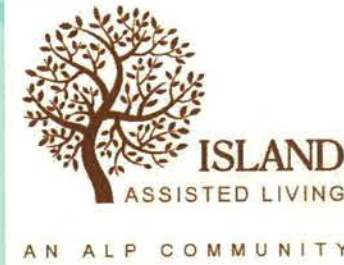
Housekeeping Director
Wanda Payton

Director of Culinary Services
Meir Bamberger

Medication Supervisor
Anthony Johnson



Island Assisted Living
820 Front Street
Hempstead NY 11550



ISLAND ASSISTED LIVING

Island Assisted Living Newsletter

May 2022

A Word From your Administrator

The cold weather is finally leaving and spring is officially upon us. The spring weather means the new baseball season has started. Both the Mets and Yankees are having a great start to the year. Who knows maybe they'll face each other in the World Series. Besides baseball, our outdoor activities are back. We have our walks back on full swing, and our patio is open for our residents to enjoy the beautiful weather.



Though it's getting warmer early in the day, it can be pretty chilly at night, so make sure you have a sweater on you!! I hope everyone has a great rest of the month!

Dana Mori
Administrator

A Word From Recreation



What an amazing month we had. May will be even more exciting! There are plenty of activities for you to enjoy! We have some great entertainment lined up, and some great trips for you to go on. Please be mindful of others in the common areas, so everyone can enjoy all the activities coming this month. If you have any questions or suggestions, my door is always open! I hope everyone has a lovely rest of the month!!

Tanya Barone
Recreation Director

Special This Month

Applebee's Trip on 05/04 at 11 am
Cinco De Mayo Social on 05/05 at 2 pm

Lovely Ladies Tea Party on 05/06 at 10:30 am

Mother's Day Bash w/ Tony on 05/06 at 2 pm

Mother's Day \$2 Bingo on 05/08 at 3 pm

Dollar Tree & Lunch trip on 05/11 at 11 am

Resident Council on 05/18 at 1 pm in the Media Room

Chinese Buffet trip on 05/25 at 11 am

Monthly Birthday Party on 05/26 in the Media Room

Welcome New Residents!

Happy April Birthday to:

| | |
|--------------|-------|
| Rose A. | 05/01 |
| Michael N. | 05/02 |
| Alex K. | 05/02 |
| Thelma W. | 05/04 |
| Patricia K. | 05/08 |
| Levi S. | 05/09 |
| Graciella P. | 05/10 |
| Mary B. | 05/11 |
| Loretts M. | 05/11 |
| Angela R. | 05/15 |
| John K. | 05/18 |
| Jeffrey S. | 05/19 |
| Lorraine V. | 05/19 |
| Jean T. | 05/21 |
| Anthony A. | 05/23 |
| Joseph R. | 05/23 |
| Carlton S. | 05/27 |
| Robert H. | 05/28 |
| William K. | 05/29 |
| William S. | 05/31 |

Highlights From The Month

This month our residents danced like no tomorrow with our monthly birthday party. We had our dear friend Phillip Shimmel come to perform, where he sang some of the greatest hits!!



Highlights From The Month

This month we were blessed during the Easter holiday as the beautification program donated Easter baskets to our residents. Look at how big those baskets are!!

