

AN ALP COMMUNITY						AN ALP COMMUNITY
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Welcome Home to Island Assisted Living! Activities are here for your enjoyment. I hope to see all of you at one activity or another. Activities will be adjusted according to your inter- ests. Feel free to make suggestions.	Room Key Code Media Center/ Chapel M 1st FL Lounge F 3dr Floor Lounge 3L Arts & Crafts/ Activity Rm A Game Room G Library/Computers L Patio P Out of Facility/Trip *** Staff Code Annmarie A Diane D Jessica J Flor F Resident Run RR	Activities May be Canceled or Changed with notice. Please see daily schedule on The House Channel for any changes.	9:00 Morning Trivia (M) D 9:15 Reach & Fit (M) D 9:50 Great Performance Curtain Call (M)A 11:00 Lunch Trip: Hibachi Grill *** D 11:00 Skeeball Tournament (G) A 1:00 Afternoon Matinee (M) J 1:30 Word Games (F) J/F 1:30 Painting Class (A) A 2:30 Wednesday Social (M) F/J 3:30 Karaoke Lounge (M) J/D 4:00 Kellenberg Students Visit (M)J/D 6:00 Gr. Performance Taylor Swift (M) 6:00 Hangman (F) J	Laverne Fashion on Wheels 10-2 9:00 Blurt It Out (M) D 9:15 Zumba w/ Darryl (M) D 10:30 Ecumenical Prayer Group (G) G 10:00 Sing Along (M) D 10:30 Fall Crafts (A) A 1:00 Computer Class (L)A 1:00 Afternoon Matinee (M) A 1:00 Balloon Volleyball (G) D/J 2:30 Afternoon Social (F) D 3:30 Pokeno Gamble (A) A 3:30 Afternoon Dance Party (M) D 6:00 Newly Released Movie (M) H	Stella & Dot Accessories 10-3 9:00 Catch Phrase (M) D 9:30 Friday Exercise (M) D 10:00 Morning Movie (M) D 10:00 Bible Study Group (G)RR 10:30 CrossWordSearch (G) D 11:15 You Be The Judge (G) D 1:15 Shabbat Services (M) D 1:30 Friday Skeeball (F) D 2:30 Friday Social (F) D 3:30 Friday Bingo (M) D 6:00 Nightly Movie (M) S	9:00 Stretch & Strengthen (M) D 9:50 Saturday Matinee (M) D 10:30 Skeeball (G) D 1:00 Walking Club *** D 1:30 Trivia Time (M) D 1:45 Karoke (M) D 1:30 Word of Life Ministry (G) V 2:30 Saturday Social (M) D 3:30 Lucky \$2 Bingo(M) D 6:00 Saturday Night Movie (M)S
9:30 News & Views (M) A 10:00 Sunday Stretch (M) A 10:30 Words Ending in(M) A 1:00 Afternoon Matinee (M) A 2:30 Sunday Snack (F) A 3:30 Sunday Pokeno (A) A 6:00 Sunday Night Classic Movie North By Northwest (M) T	9:15 Stretch & Flex (M) A 9:45 Music Appreciation (M) A 10:00 Crochet Club (A) RR 11:00 Skeeball Time! (G) A 1:00 Afternoon Matinee (M) A 1:30 1 VS 100 (F) A 2:30 Afternoon Social (M) A/J 3:30 Spanish Group (G) J/F 3:30 Monday Bingo (M) A 6:00 Earring Jewelry w/Jessica (G)J 6:00 Monday Night Musical: 1st Night (M) J	Fran Gifts of Silver 10-2 1st Flr 9:00 Trivia Time (M) D 9:30 Catholic Rosary (G) D 10:00 Catholic Communion Service (M) V 10:30 Karaoke Time (M) D 10:30 Island Shoppe (A) A 1:00 Afternoon Matinee (M) A 1:00 Pokeno Workshop (A) D 1:30 Grace Cathedral Prayer Circle (G) V 2:30 Afternoon Social (M) A 3:30 Afternoon Dance Party (M) J 3:30 Pokeno Time (A) D 6:00 Movie: When Harry Met Sally (M) S	9:00 Morning Trivia (M) D 9:15 Reach & Fit (M) D 10:00 Sing Along (M)D 11:00 Skeeball Tournament (G) A 12:30 Trip: Michael's *** D 1:00 Afternoon Movie (M) J 1:30 Pictionary (F) J/F 1:30 Painting Class (A) A 2:30 Afternoon Social (M) F/J 3:00 Karoke Lounge (M) J 4:30 Kellenberg Students Visit (M) J/D 6:00 Biographical: Milk (M) S	Bonnie's Bags 8-4 PM 1st FIr. 9:00 Brain Teasers (M) D 9:20 Morning Workout (M) D 10:30 Vet 2 Vet Coffee Hour (G)V 10:30 Fall Crafts (A) J/A 10:30 Ecumenical Prayer Group (M) V 1:00 Afternoon Matinee (M) A 1:30 Hangman (G) J 2:30 Afternoon Snack (M) A/D 3:30 Pokeno Gamble (A) D 3:30 Old Time Juke Box (M) A 6:00 Netflix Pick Movie (M) T 6:00 Veterans Dinner at Kellenberg***A	Gina's Bargains 10-3 1st FI 9:00 Brain Joggers (M) D 9:30 Boot Camp Workout (M) D 10:00 Early Matinee (M) D 10:00 Bible Study Group (G)RR 10:30 CrossWordSearch (G) D 1:15 Dear Abby (G) D 1:00 Shabbat Services (M) D 1:30 Sensory Stations (A)D 2:30 TGIF Happy Hour (F) D 3:30 Friday Bingo (M) D 6:00 Cabaret Night W/ Joe S. (M) A 7:30 Movie: A Few Good Men (M) S	9:00 Stretch & Strengthen (M)D 9:50 Early Matinee (M) D 10:30 Skeeball (G) D 1:00 Walking Club *** D 1:30 Trivia Time! (M) D 1:45 Sing Along (M) D 2:30 Saturday Social (F) D 3:30 Saturday Pokeno (A) D 6:00 Comedy Movie (M) P
9:30 News Review (G) A 10:00 Sunday Workout (M) A 10:30 Sunday Word Game (M) A 1:00 Sunday Matinee (M) A 1:30 Sunday Skeeball (G) A 2:30 Sunday Social (M) A 3:30 Beauty Bingo (G) A 6:00 Sunday Night Classic Movie: Patton (M) T	9:15 Start Your Week Exercise (M) A 9:45 Music Appreciation (M) A 10:30 Crochet Club (A) RR 11:00 Skeeball Challenge (G) A 1:00 Afternoon Movie 1:30 Are you Smarter? (F) A 3:00 Afternoon Social (F) J 3:30 Spanish Group (G) J/F 3:30 Afternoon Bingo (M) A 6:00 Earring Jewelry w/Jessica (G)J 6:00 Monday Night Musical: The King & I (M)J	9:00 Tai Chi w/Marie (M) D 9:30 Catholic Rosary (M) S 10:00 Catholic Communion Service (M) V 10:30 Old Time Juke Box (M) A 10:30 Pet Therapy Visits (F) D 1:00 Afternoon Matinee (M) D 1:30 Balloon Volleyball (G) D/J 2:30 Afternoon Social (F) D 3:30 Afternoon Dance Party (M) D/J 3:30 Late Pokeno Game (A) A 6:00 Movie Night: Autumn in NY (M) S	9:00 Brain Games (M) D 9:15 Stretch & Flex (M) D 9:40 Music Appreciation (M) A 11:00 Dairy Queen Lunch Trip ***D 11:00 Skeeball Tournament (G) D 1:00 Bloopers and Outtakes (M) A 2:00 Resident Council (M) A 3:00 Afternoon Snack (F) F/J 4:00 KellenbergStudents Visit (F)J/D 6:00 Gr. Performance La Boheme (M) J	9:00 Blurt it Out! (M) D 9:15 Zumba w/ Darryl (M) D 10:30 Discover Your World: Virtual Vacation Destination: New England (M) 10:30 Fall Jewelry Making (A) A 10:30 Ecumenical Prayer Group (M) V 1:00 Afternoon Matinee (M) D 1:30 Are You Smarter (G) A 1:30 Lets Take a Walk *** D 2:30 Afternoon Social (M) D 3:30 Pokeno Gamble (A) A 3:30 Move Groove & Sing (M) D 6:30 Cabaret Night w/Everett (M) A 7:30 Late Night Movie (M) S	9:00 Catch Phrase (G) D 9:15 Friday Exercise (G) D 10:00 Friday Matinee (M) D 10:00 Bible Study Group (G)RR 10:30 CrossWordSearch (A) D 11:15 Scruples(G) D 1:15 Shabbat Services (M) D 1:30 Friday Word Game (F) D 3:00 Social (M) D 3:45 Friday Bingo (M) D 6:00 Movie: Joy Luck Club (M) T	9:00 Stretch & Strengthen (M)D 18 9:50 Saturday Matinee (M) D 10:30 Skeeball (G) D 1:00 Walking Club *** D 1:30 Trivia Time (M) A 1:45 Karoke (M) D 2:30 Afternoon Social (M) D 3:30 Bingo Time (M) D 6:00 Saturday Night Adventure (M)
9:30 News Recap (M) A 10:00 Let's Work Out (M) A 10:30 Sunday Sing Along (M) A 1:00 Sunday Matinee (M) A 1:00 Show Trip: Bye Bye Birdie ***A 2:30 Sunday Snack (F) S 3:30 Sunday Pokeno (A) S 6:00 Sunday Night Classic Movie: Our Town (M) T	9:15 Stretch & Flex (M) A 9:45 Music Appreciation (M) A 10:00 Crochet Club (A)RR 11:00 Skeeball Challenge (G) A 1:00 Daily Matinee (M) A 1:30 Hangman (F) J 2:30 Afternoon Snack (F) A/J 3:30 Spanish Group (G) J/F 3:30 Resident Bingo (M) RR 6:00 Monday Night Musical: Life of An Actress (M)	9:00 Stretch & Shine (M) D 9:30 Catholic Rosary (G) D 10:00 Catholic Communion Service (M) V 10:30 Musical Memories (M) D 10:30 Island Shoppe (A) A 11:00 Fuji Golf (F) D 1:30 Pokeno Tutorial (A) D 1:30 Grace Cathedral Prayer Circle (G) V 3:00 Afternoon Social (M) D 3:30 Pokeno Time (A)D 3:30 Afternoon Dance Party (M) J 6:00 Movie: Sweet November (M) S	9:00 Brain Games (M) D 9:15 Stretch & Flex (M) D 9:45 Music Appreciation (M)D 11:00 Skeeball Tournament (G) D 12:30 Shopping: Nat Liquidators ***D 1:00 Afternoon Matinee (M) D 1:30 Word Games (F) J/F 1:30 Painting Class (A) A 2:30 Afternoon Snack (F) J/F 3:30 Afternoon Social/Sing (M) J 4:00 Kellenberg Students Visit (M)J 6:00 Documentary: Chicken People (M)	9:00 Thanksgiving Day Parade (F) A 9:30 Morning Stretch (M) A	9:00 What Would You Do? (G)S 24 9:30 Friday Fitness (M) S 10:00 Friday Matinee (M) S 10:00 Bible Study Group (G)RR 10:30 CrossWordSearch (L)S 11:15 Scruples (G) S 1:00 Shabbat Services (M) S 1:30 Friday Skeeball (G) S 2:30 TGIF Happy Hour (F) S 3:30 Afternoon Bingo (M) S 6:00 Comedy Movie (M) T	9:00 Stretch & Strengthen (M)D 9:50 Saturday Matinee (M) D 10:30 Skeeball Champs (G) D 1:00 Walking Club *** D 2:30 Saturday Social (M) D 3:30 Pokeno (G) D 6:00 Academy Award Winner Movie Scent of A Woman (M)H
9:30 News Recap (M) A 10:00 Let's Work Out (M) A 10:30 Word Game (M) A 1:00 Sunday Matinee (M) A 2:30 Sunday Snack (F) S 3:30 Quarter Horse Racing (A) A 6:00 Sunday Night Classic Movie: Singing in the Rain (M) T	9:15 Morning Workout (M) A 9:45 Music Appreciation (M) A 10:00 Crochet Club (A) RR 11:00 Skeeball Challenge (G) A 1:30 Trivia Time (M) A 3:30 Spanish Group (G) J/F 3:30 Afternoon Bingo (M) A 6:00 Earring Jewelry w/Jessica (G) J 6:00 Monday Night Musical: Guys & Dolls (M) J	9:00 Tai Chi w/ Marie (M) D 9:30 Catholic Rosary (M) D 10:00 Catholic Communion Service (M) V 10:30 Sing Along Songs (M) D 10:30 Computer Class (A) A 11:00 What Would You Do? (F) D 1:30 Trivia Time (M) J 2:00 Monthly Birthday Party Entertainment W/ AmiJane (M) A 3:00 Cake and Punch Social (M) D 3:30 Pokeno Game (A) D 3:30 Afternoon Dance Party (M) A/J 6:00 Nightly Movie: Grand Canyon (M)	9:00 Brain Games (M) D 9:15 Stretch & Flex (M) D 9:45 Music Appreciation (M)D 11:00 Skeeball Tournament (G) D 11:30 Lunch at Red Lobster ***D 1:00 Afternoon Matinee (M) D 1:30 Painting Class (A) 1:30 Game Time Central (F)J/F 2:30 Afternoon Snack (F) J/F 3:30 Afternoon Social/Sing (M) J 4:00 Kellenberg Students Visit (M)A 6:00 Resident Choice Movie (M)S	9:00 Name Five (M) A 9:30 Stretch & Flex (M) D 10:30 Discover Your World: Virtual Vacation Destination: California (M) 10:30 Ecumenical Prayer Group (G) V 10:30 Jewelry Making (G) A 12:00 Lunchtime Serenade w/Alex (DR) 1:00 Afternoon Matinee (M) S 1:30 Trivial Trivia (M) A 2:30 Late Week Social (M) 3:30 Dance Party (M) D 3:30 Pokeno Gamble (G) A 6:00 Netflix Pick Movie (M) S	The	Cappy Junks giving